

Honey Mustard Deli Wrap

Makes: 100 Servings

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Ingredients	Weight	Measure
Mustard	2 lb	1 qt
Lowfat Mayo	3 lb	1 qt 2 cups
Honey	1 lb 4 oz	1¼ cup
Flour tortilla, whole wheat, 8"		100 each
Roasted turkey, thinly sliced	6 lb 4 oz	
Ham, thinly sliced	3 lb 2 oz	
Reduced fat white cheese, shredded	6 lb 4 oz	

Tomatoes	200 slices
Leaf lettuce	100 leaves

Directions

- 1. Mix mustard, lowfat mayo, and honey together. Chill overnight. Reserve for step 3.
- 2. Steam tortillas 3 minutes until warm OR place in warmer to prevent tearing when folding.
- 3. Spread 1 oz (2 Tbsp) honey mustard sauce on each tortilla.
- 4. Arrange 1 oz of turkey and $\frac{1}{2}$ oz ham on each tortilla and sprinkle with 1 oz of cheese.
- 5. Wash and core tomatoes. Do not peel.
- 6. Slice into thin slices, approximately 1/4 "(7-9 slices/tomato).
- 7. Top meat and cheese with 1 lettuce leaf and 2 tomato slices.
- 8. Fold the top and bottom of tortilla into the center. Beginning at either side, roll the tortilla, until all contents cannot be seen.
- 9. Cut diagonally in half.
- 10. Place each half seam side down in pan. CCP: Hold at 41 degrees F or below before and during service.

Source: Iowa Gold Star Cycle Menus, Team Nutrition Iowa